



Tara Framer, CCH
Assistant Secretary and Item Writing Chair

Tara Framer, CCH, Certified Classical Homeopath, provides homeopathic consultations for acute and chronic conditions in Westchester County, New York, as well as clients around the world. She is a graduate of the Academy of Homeopathy Education.

Many years ago, Tara found homeopathy a blessing in her own recovery from an autoimmune disorder. Today she considers helping others on their healing journey one of the highest and most sacred honors. She works with clients of all ages, with a focus on gently restoring body, mind and spirit. Specific areas that interest her include depression and anxiety, skin disorders, women's health, and digestion.

Her degrees, certifications and training includes: a Bachelor of the Arts degree in Psychology from University of California in Santa Barbara; Graduate training at The New School for Social Research and Long Island University; Active Listening and Peer Counseling; Certification in Traditional Medicinal Herbs; Weed/Wildcrafting; Reiki Level II; Shiatsu Massage; and Family Constellation Work.

In addition to her work for the Council for Homeopathic Certification, Tara is currently serving on two other Boards of Directors: Sharp Again Naturally and the Katonah Study Group. She is also a volunteer mentor at The Aligned Center in Irvington NY and was formerly a docent and tour leader at Stone Barns Center for Food and Agriculture in Pocantico Hills, New York. And for many years, her life and purpose was deeply enriched by her experience as a patient-visiting volunteer at Memorial Sloan-Kettering Hospital, New York.

In addition to her work as a homeopath, Tara has worked as a consultant and graphic designer helping non-profits with communications and fundraising. She has taught a variety of graphic design courses as an adjunct at The School of Visual Arts in New York, The New School for Social Research and Westchester Community College.

Tara currently lives in Tarrytown, NY with her cats Kiko, Maya and Luna and enjoys growing medicinal and culinary herbs in her garden, film, dancing, hiking, yoga and meditation.